

**Holy Spirit Lunch Menu**  
**August 31, 2009 thru September 25th, 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31            Chicken Patty Sand            Grilled Chicken on WW            Turkey on Whole Wheat            Smucker's PBJ            Onion Rings            Vegetable &amp; Fruit Bar            M &amp; M Cookie            Milk - Variety</p>	<p>1            Baked potato &amp; Toppings            BBQ Sandwich            Turkey on Whole Wheat            Smucker's PBJ            Broccoli Cheese soup            Vegetable &amp; Fruit Bar            Dreamsicle            Milk - Variety</p>	<p>2            Cheeseburger            Fish &amp; Cheese Sandwich            Turkey on Whole Wheat            Smucker's PBJ            French fries            Vegetable &amp; Fruit Bar            Oatmeal Cookie            Milk - Variety</p>	<p>3            Spaghetti &amp; plain sauce            OR            Spaghetti with Meat Sauce            Turkey on Whole Wheat            Smucker's PBJ            Breadstick            Vegetable &amp; Fruit Bar            Frozen fruit cup            Milk - Variety</p>	<p>4            Stuffed Crust Pepperoni            Pizza            Chinese Chicken Salad            Turkey on Whole Wheat            Smucker's PBJ            Corn            Vegetable &amp; Fruit Bar            Iced Sugar Cookie            Milk - Variety</p>
<p>7            NO SCHOOL TODAY</p>	<p>8            Macaroni &amp; Cheese            Pepperoni Casserole            Turkey on Whole Wheat            Smucker's PBJ            Lemon Peppered            Vegetables            Vegetable &amp; Fruit Bar            Banana Cake            Milk - Variety</p>	<p>9            Hot Dog            BBQ Chicken Breast            Sandwich            Turkey on Whole Wheat            Smucker's PBJ            Savory Fries            Vegetable &amp; Fruit Bar            Chocolate Chip cookie            Milk Variety</p>	<p>10            Popcorn Shrimp            Chef's Salad            Turkey on Whole Wheat            Smucker's PBJ            Fresh Fruit Salad            Vegetable &amp; Fruit Bar            Apple Crumb Cake            Milk - Variety</p>	<p>11            Chicken Tenders            Vegetable Wrap/ WW            Tortilla            Turkey on Whole Wheat            Smucker's PBJ            Mashed Potatoes &amp;            gravy            Green Beans            Vegetable &amp; Fruit Bar            Oatmeal Cookie            Milk Variety</p>
<p>14            Meatball Sandwich            Ham &amp; Cheese Wrap on            WW            Turkey on Whole Wheat            Smucker's PBJ            Baked Beans            Vegetable &amp; Fruit Bar            Oreo Fluff            Milk Variety</p>	<p>15            Nachos            Sloppy Joe            Turkey on Whole Wheat            Smucker's PBJ            Steamed Broccoli            Vegetable &amp; Fruit Bar            Cinnamon Roll            Milk Variety</p>	<p>16            Cheese Quesadilla            Chicken Enchilada            Turkey on Whole Wheat            Smucker's PBJ            Peach half            Vegetable &amp; Fruit Bar            Lemon Goldfish            Milk Variety</p>	<p>17            French Toast            Bagel with cream cheese            Turkey on Whole Wheat            Smucker's PBJ            Sausage Links            Tri tator            Vegetable &amp; Fruit Bar            Orange Juice Freezie            Milk Variety</p>	<p>18            NO SCHOOL TODAY</p>
<p>21            Mini Corn Dogs            Chicken Stir Fry &amp; Rice            Turkey on Whole Wheat            Smucker's PBJ            Apple Salad            Vegetable &amp; Fruit Bar            Fortune Cookie            Milk Variety</p>	<p>22            Grilled Cheese Sandwich            Sub Sandwich            Turkey on Whole Wheat            Smucker's PBJ            Tomato Soup            Vegetable &amp; Fruit Bar            Pumpkin Cake            Milk Variety</p>	<p>23            BBQ Wings            Grilled Chicken Caesar Salad            Turkey on Whole Wheat            Smucker's PBJ            Savory Fries            Vegetable &amp; Fruit Bar            Frozen fruit cup            Milk - Variety</p>	<p>24            Cheese pizza            Lasagna OR            Turkey on Whole Wheat            Smucker's PBJ            Caesar Salad            Vegetable &amp; Fruit Bar            Lemon Freezie            Milk Variety</p>	<p>25            King size Pretzel with            cheese            Frito pie            Turkey on Whole Wheat            Smucker's PBJ            Cottage Cheese &amp;            peaches            Vegetable &amp; Fruit Bar            Gingerbread            Milk Variety</p>

Lunch - \$2.75 Milk - \$.40 Extra Entree - \$1.50  
 Adult lunch - \$3.25